

Page 1 — Intro

**Welcome to this bonus
recorded session!**

**In this session, you'll
see how I guide a
working professional
through the 7-Step
Empower Language
System.**

**Notice practical strategies that
improve clarity, confidence, and
fluency.**

Page 2 – Session Structure

Step 1 — Envision (Goal Setting)

Ask: “What is your goal for
speaking

English confidently?”

Encourage short
sentence/phrase.

”Step 2 — Grasp (Grammar / Sentence Practice)

Correct gently, explain simple structure, give
1–2 model sentences.

Step 3 — Listen & Interact (Roleplay)

Roleplay workplace scenario (meeting, call,
presentation)

Pause and provide quick feedback.

Highlight confident language, pacing,
pronunciation.

Step 4 — Strengthen & Hone (Daily Practice)

Recommend 1–2 exercises for the day.

Encourage reflection: “What went well? What to
improve?”

Page 3 — Key Takeaways

- Pausing improves clarity and confidence
- Structure your message: Clear » Calm » Connected
- Practice consistently with small daily exercises
- Mindset matters as much as grammar
 - Reflect after each conversation: what worked, what to improve

Join the full Empower Language System
before Nov 16 to unlock all bonuses.

Page 4 — Practical Exercises

- Record yourself speaking for 1–2 minutes on a topic
- Listen back and identify:

1 strength + 1 area to improve

- Repeat daily for 7 days



Write Your Reflection

What did I do well?

👉 Example: “I was able to structure my ideas clearly.”



What can I improve next time?

👉 Example: “I need to slow down and speak more clearly.”


